

## Positive Alternatives 2016 - 17 Quarterly Update

**Grantee (Name and city):** Life Care Center of Thief River Falls

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**Goal:** To provide parenting education and services to pregnant and parenting women so as to bring about positive alternatives to abortion in Northwest Minnesota

**For the period/quarter:** January 1, 2017 – March 31, 2017 3<sup>rd</sup> Quarter

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
<b>Administrative Activities</b>	Provide guidance to grant staff Attend required grant meetings Hire a new Client Services Coordinator		<ul style="list-style-type: none"> <li>- The ED provides daily guidance to grant staff.</li> <li>- Staff and the ED meet once a week for staff meetings.</li> <li>- No grant meetings were required this quarter.</li> <li>- Staff attended a training on bereavement support services in January.</li> <li>- Staff attended a training on sexual assault &amp; domestic violence in February.</li> <li>- Staff attended a webinar on sex trafficking in March.</li> </ul>	
<b>Outreach</b>	Community Education and Contact Activities		<ul style="list-style-type: none"> <li>- The ED attended a Non-profit visioning session in January.</li> <li>- The ED gave a presentation at the Lion's Club in January.</li> <li>- Staff hosted a Meet &amp; Greet Community Luncheon in February.</li> <li>- The ED gave a presentation at the Ministerial Meeting in March.</li> </ul>	

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Car Seat Program</b>	Enroll clients in the EWYL program Provide car seat safety education	2	<ul style="list-style-type: none"> <li>- Four clients were enrolled in the EWYL program this quarter.</li> <li>- Four clients received car seat education through a video presentation and discussion.</li> <li>- One client received a car seat through the public nursing program.</li> </ul>	4  4
<b>Case Management Services</b>	Provide on-going telephone follow-up and/or office appointments for clients testing positive for pregnancy  Assess client needs; assist client in accessing services	50	<ul style="list-style-type: none"> <li>- Staff served 25 unique clients this quarter.</li> <li>- 121 office visits were made.</li> <li>- 1 client received telephone counseling while on bed rest this quarter.</li> <li>- 58 referrals were made this quarter.</li> <li>- Client need is continuously assessed at each contact.</li> </ul>	25 See challenges
<b>Crib Distribution/ Sleep Safety Education</b>	Enroll clients in the EWYL program Provide sleep safety information to clients Provide crib or pack n' play	4	<ul style="list-style-type: none"> <li>- Four new clients were enrolled in the EWYL program this quarter.</li> <li>- 3 clients were given sleep safety information this quarter.</li> <li>- 3 clients were provided with a crib or pack n' play this quarter.</li> </ul>	4  3
<b>Life-Skills Education Program</b>	Enroll clients in EWYL program Provide assistance to clients with developing healthy relationships Provide assistance with money management Provide help with job assistance	4	<ul style="list-style-type: none"> <li>- Four new clients were enrolled in the EWYL program this quarter.</li> <li>- 6 clients were provided assistance with developing healthy relationships.</li> <li>- 0 clients were provided assistance in-house with money management; however 31 referrals were made to other organizations that provide financial assistance.</li> <li>- 2 clients were provided job assistance.</li> </ul>	4  6  0  2
<b>Material Support</b>	Provide material assistance to women	25	<ul style="list-style-type: none"> <li>- 25 women were enrolled in the EWYL program this quarter and they all received material assistance.</li> <li>- 96 visits to the Baby Boutique were provided this quarter.</li> </ul>	25



<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Provide Necessary Services to all clients</b>	Provide initial intake assessment to determine need Provide women with information on, referral to and assistance with securing pregnancy support services Utilize resource database to provide information and make referrals	12	<ul style="list-style-type: none"> <li>- 4 initial intakes were provided this quarter.</li> <li>- 58 referrals were made this quarter, with assistance to securing pregnancy support services provided when needed.</li> <li>- The resource data base needs to be updated. There will soon be a county resources website page for use.</li> </ul>	4 58
<b>Provide Necessary Services Assessments Only</b>	Provide initial intake assessment to determine need Provide women with information on, referral to and assistance with securing pregnancy support services Utilize resource database to provide information and make referrals	2	<ul style="list-style-type: none"> <li>- 4 women were provided an initial intake assessment.</li> <li>- 2 of these four women were provided with referrals to and assistance with securing pregnancy support services.</li> </ul>	4 2
<b>Transportation</b>	Provide gas vouchers for clients attending classes; if needed	5	<ul style="list-style-type: none"> <li>- 9 clients received a total of 44 gas vouchers of \$5 per voucher.</li> <li>- 1 bus voucher was provided.</li> </ul>	9
<b>Ultrasound</b>	Offer limited ultrasound services to abortion vulnerable women who are 7-14 weeks along in their pregnancy Provide initial intake assessment and pregnancy counseling	2	<ul style="list-style-type: none"> <li>- No ultrasounds were offered this quarter.</li> <li>- Our ultrasound nurse was out of town for two of the three months this quarter.</li> <li>- The Board of Directors has asked us to re-examine when ultrasounds are provided, which has significantly decreased the number of ultrasounds performed.</li> </ul>	0

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	4
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	6
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	6
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	3
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	0

### **Challenges:**

In our case management services, we have listed that our goal is to see 50 clients per quarter. We actually generally see only 50 clients in a year. It is unlikely that every client we serve will come every quarter. Our number was 25 this quarter – half of our annual total.

Other challenges noted continue to be with Ekyros and data collection. Our Ekyros reports do not record/report on Shaken Baby, Sleep Safety Information, Money Management, Job Assistance, and Car Seat Safety. These are all items we need to report on, however. The ED figured out how to add them to the forms in Ekyros for future reporting, so it should make data collection easier this next quarter.

### **Comments:**

Staff continues to work hard at outreach. Staff met with the Executive Director of the center in Bemidji, Minnesota, for a little guidance, support and networking. The ED also enjoyed meeting other ED's at the bi-annual TLC training last month.

A breastfeeding group class was offered this quarter as well.